

Heart of the Lakes Cycle Tour (6 days / 5 nights)



Tour Overview:

There is arguably no better way to appreciate the vast beauty of the Lake District than on our *Heart of the Lakes cycle tour*. The 4 days cycle route covers an average daily distance of 30 miles, with options of reducing or increasing the mileage. The route is carefully designed to follow the quieter country lanes along scenic valleys and over breathtaking fells and mountain passes. Guests will receive detailed route maps, GPX files and route briefings prior to departure each day, along with luggage transfer and mechanical support back up for the whole tour duration.

With our comfortable electric bikes, this tour is suitable for all levels of fitness provided you are a reasonably confident rider. With the relaxed pace, there is ample time to visit attractions, take a walk on the fells and leisurely lunch breaks.

The accommodation is a combination of hotels, guest houses and traditional pubs. The tour starts and finishes at a hotel in the South Lakes, between Kendal and Windermere. For the tour to be fully supported we require a minimum of 4 guests.

Day 1: Stay the 1st night at a comfortable hotel in the heart of South Lakeland, with great cuisine and comfortable facilities, overlooking gardens and picturesque Lakeland Fells.

Day 2: Cycle through South Lakeland, crossing Lake Windermere on the cable ferry, passing Hill Top House, where Beatrix Potter was inspired when writing the Tales of Peter Rabbit and on to the pretty market village of Hawkshead in time for lunch at a choice of cafes and restaurants. The afternoon route passes through the historical slate mining village of Coniston, along the shores of Coniston Water and on through the rolling countryside to Broughton-in-Furness, with its Georgian architecture and cobbled square.

Day 3: Cycle the tranquil Duddon Valley, over the stunning Wrynose Pass, down the Langdale Valley and through the heart of the Lake District via the villages of Elterwater and Skelwith Bridge with their wide range of cafes, pubs and restaurants for lunch. The afternoon ride offers a choice of routes around Rydal Water and Grasmere, with the option of visiting the tourist centre and market town of Ambleside. Late afternoon we organise a vehicle transfer to our accommodation for 2 nights near the market town of Keswick. This avoids cycling on the busy A road connecting the central and north Lakes and provides more time for exploring the beautiful northern region.

Day 4: Another day of amazing beauty in the least visited and spectacular landscape of the North Lakes. The circular route around the Skiddaw and Blencathra mountain range, takes in

incredible scenery along lovely quiet fell lanes (cycling paradise) through the tranquil villages of Caldbeck and Mungrisdale, returning to your accommodation below Blencathra.

Day 5: Cycle through the craggy outcrops on Matterdale Common, over to Ullswater lake which is one of the most gorgeous spots in the Lake District. From here, the route takes you over the famous Kirkstone Pass, where the views of Lake Windermere and beyond are spectacular, followed by a descent to the idyllic village of Troutbeck. Then enjoy the country lanes back to your hotel and tour start point for a relaxing treat.

Day 6: Enjoy a delicious breakfast before departure.

Price: £839 per person with £230 single supplement

What is Included:

- 5 nights accommodation with breakfast (shared twin / double rooms)
- 4 days Hybrid E-Bike Rental with accessories
- Detailed daily route maps
- Daily luggage transfer
- Van and mechanic support
- Helmets can be provided (we encourage you to bring your own)

What is not included:

- Lunches and evening meals
- Trains, bus and airport transfers (if required - can be organised by E-Bike Safaris)
- Café / pub stops
- Bar bills, telephone calls, souvenirs etc
- Fees to enter local attractions and other optional activities
- Additional days bike hire
- Additional nights accommodation
- Travel insurance
- Sundries

Bike options: The tour price quoted above includes the rental of a Touring Hybrid E-Bike. If you would like to bring your own bike, please do contact Phil on info@ebikesafaris.com for a revised quotation.

To make a booking: Please complete the enquiry form on our website at <https://ebikesafaris.com/e-bike-tours#tour-enquiry-form> or phone Phil directly on +44 7930 869351 or email info@ebikesafaris.com

*Please find summary route map on next page

Route summary map: 4 Days (route can be adjusted on a daily basis)

